



















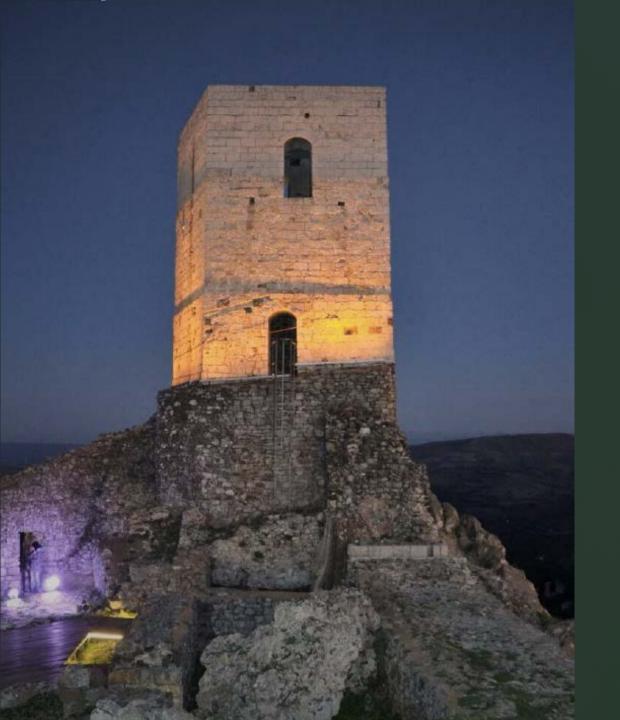
MUNICIPALITY **SLOVENIA** 

Villanova de Cerveira 12.07.2019

## Senior Activities linked to EU European future is our Future



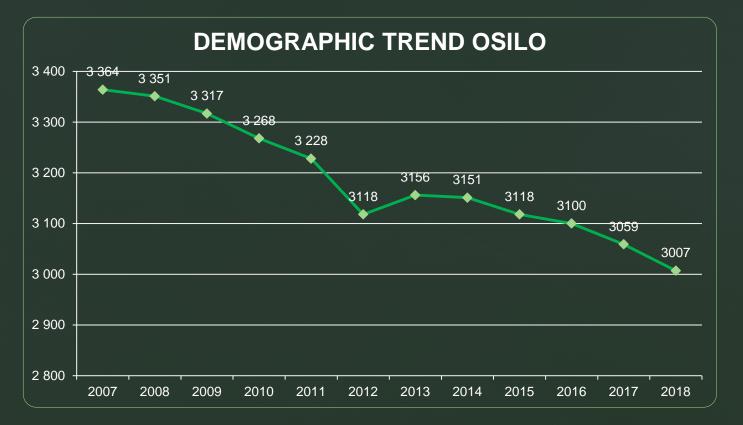




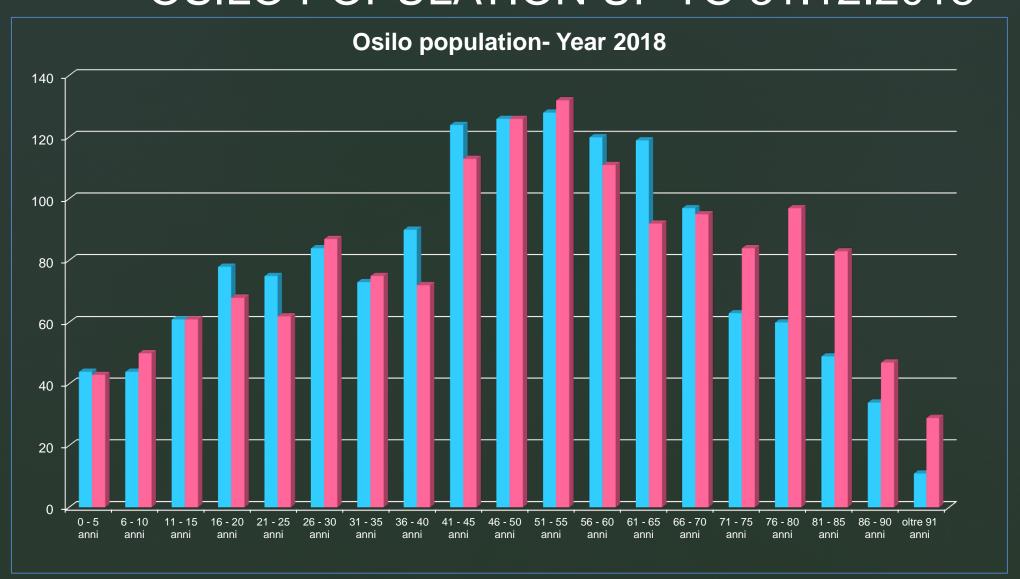
The Municipality of Osilo and the Plus Anglona-Coros-Figulinas use different kind of funds (local, regional, national and european) to realize many activities in favour of the elderly people.

#### DEMOGRAFIC TREND IN OSILO

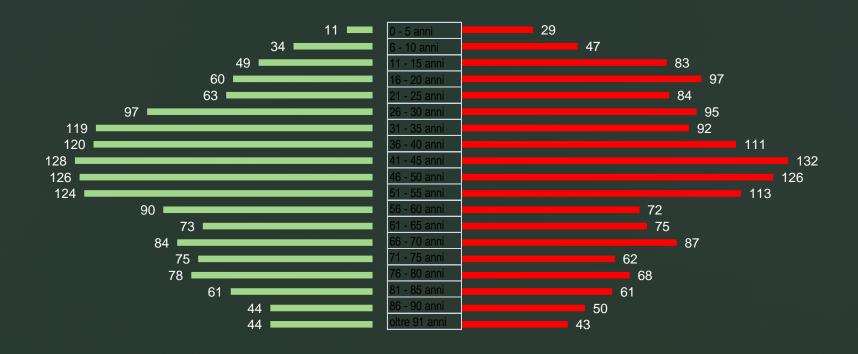
#### **POPULATION TREND 2007/2018** Saldo Saldo % 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 2017 2018 2007/2018 2007/2018 Osilo 3.364 3.351 3.317 3.268 3.228 3118 3156 3151 3118 3100 3059 3007 -357 10,61



### OSILO POPULATION UP TO 31.12.2018



### THE PYRAMID OF AGE



# The interventions for the elderly that we would like to present are:



Home care service (S.A.D.)
Customer satisfaction service

Public register of family assistants and related activities

#### Home care service (S.A.D.)



It is a service offered in Associated Management to all the Municipalities of PLUS Anglona - Coros - Figulinas. Citizens choose which cooperative to request the service (generic or specialized assistance). The Social Cooperatives that provide the service are accredited by the PLUS Anglona-Coros-Figulinas.

#### The register of caregivers



The project "Public Register of family assistants and related activities" concerning the promotion and management of the public network of family assistants is envisaged to enhance and improve the quantity and quality of services in favor of the non self-sufficient and support families burdened with the tasks of care.

The project is financed by the Autonomous Region of Sardinia

#### The register of caregivers



The aim of the project was to:

- Establish a public network of family assistants, on a regional scale;
- To favor the meeting between supply and demand..

Registration validity is annual. Registration in the Register is free.

#### Social animation activities for the elderly

Tramas de filu



Theater project



Elderly vacation



#### Tramas de filu

Project for the study, acquisition, exhibition and enhancement of traditional Osilo clothing



A technical laboratory has been set up artistic to achieve the following goals:



- develop a sense of belonging and cultural identity;
- know the local culture through the testimonies of the past, enhancing the artisan production, the arts and techniques as a priceless heritage of a people;
- study the various aspects of the cultural and artistic heritage related to traditional clothing, also in the Sardinian language.

#### Tramas de filu

The course, conducted by elderly seamstresses and embroiderers, experts in the packaging techniques of the Osilo costume, saw the participation of 10 students.

The following topics were developed:

- Examination of written, iconographic, oral sources on the history and evolution of traditional clothing in Osilo;
- Creation of a piece of women's and men's clothing;
- Organization of a conference on the history of traditional Osilo clothing and the results achieved by the project;
- Permanent exhibition of the "costumes" made during the course, within the institution of the Ethnographic Museum.



#### Theatre project

The project aimed to involve the elderly in a path of recovery of their knowledge and their material culture, transmitting them to the new generations.





In addition to engaging and stimulating the elderly in terms of memory recovery and the rediscovery of their skills/dexterity, it involved the youngsters of the Social Aggregation Center and the children of the Municipal Recreation Center, in a process of re-appropriation of the local identity and culture. The goal was to create a theater workshop where the stories, legends, experiences of life lived would be translated into actions, manual activities, realization of scenes and costumes, and that would bring the staging of a work that represented the synthesis of the entire experience.

### Elderly vacation

- Every year the Municipality of Osilo promotes the organization of a vacation for the elderly.
- The aim is to highlight the tourist and cultural potential that can be invested in exchange projects for people of the Third Age



#### Elderly vacation

Every year the Municipality of Osilo promotes the organization of a trip for the elderly, the costs are fully borne by the participants.

The destination is chosen by the elderly all togheter at the end of each trip.



